



BEYOND SILOS: TRAUMA-INFORMED CARE FOR PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

The Arc's National Center on Criminal Justice and Disability
Talk About Sexual Violence Project

Webinar Series – Webinar 4 of 4
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Presenters

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Overview of Today's Webinar

- List 2-3 learnings from today's webinar that health care professionals can put into action to ensure equitable treatment of patients with IDD
- Name at least one way health care providers can intentionally build effective collaboration between the health care and disability communities to address violence and abuse
- Explain what the National Adult Protective Services Administration (NAPSA) is and what their role is in supporting people with disabilities who experience violence and abuse



Case Scenario: Kecia Meets with Her Doctor

VIDEO: https://www.youtube.com/watch?v=_3gFXB8yeLU&t=1s

- The doctor and nurse had gentle tones to their voices and made eye contact with Kecia
- They were genuinely concerned about Kecia's bruised arm and infection
- The doctor asked Kecia's caregiver to step outside the examination room
- The doctor used a picture chart to help video Kecia articulate where she had gotten abused
- Even though Kecia was traumatized Kecia did not appear re-victimized by her doctor's visit
- Both the doctor and nurse used everyday language, so Kecia could understand what was going on

Kecia wants to talk to her doctor about ways to get involved and learn more about sexual violence of people with IDD.

What are ways they can get involved either through collaborations, conferences, training, etc?



Bias in Healthcare: Key Lessons Learned from Survivor Self-Advocates

- A new approach – from **peer to professional leader**.
- Peer led coalition/network
- Learn about ableism and why it is a key barrier to having equity
- Expert facilitation, not someone who speaks for the person
- Training for professionals, *especially disability 101*
- Things are getting better but there is more to do



Meet the Changemakers

- Silence = Violence Network (CA)
- Arizona Network on Sexual Violence and IDD
- Peer Support Network (MA and national)
- The Arc of California's Valor Grant
- NAPSA's Interest Group on Disability (national)
- **Tell us about:**
 - Purpose of your agency
 - Your agency's journey to greater engagement and collaboration
 - What can the IDD community/advocates/professionals do differently to have a greater impact on sexual violence prevention?



Tips to Build Effective Collaboration

- What is a doable action people can take to increase in this work? (JS)
- Making change with coalition development (KYR)
- Internal and silo bias – how that impacts development (KW)
- Healthcare and disability working together How do we get there? (TA)
- Need for empowerment of everyone – what can PSN do to increase their voice (PQ)



Call to Action

- Focus on educating health care
- Consider how to support people with IDD and allies to advocate for trauma informed services
- Take charge of your own inherent bias
- Engage survivors in all aspects of training, advocacy and policy development



Helpful Articles

What Are The Social Determinants Of Trauma?

<https://www.relias.com/blog/what-are-social-determinants-of-trauma>

Deconstructing Ableism in Health Care Settings Through Case-Based Learning

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9072618/>

What is Ableism and Its Impact?

www.medicalnewstoday.com/articles/ableism#ableism-and-health

Why Disability Bias is a Particularly Stubborn Problem

<https://news.harvard.edu/gazette/story/2022/01/why-disability-bias-is-a-particularly-stubborn-problem/>

Webinar Series: Brain Health and Trauma-Informed Care for People with Intellectual and Developmental Disabilities

- Please share this series with your health care professionals and others
- Tell us how you plan to use this information in the future

LINK:

<https://healthmattersprogram.org/2021-healthy-brain-webinar-series-for-people-with-idd/>



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How Are You Keeping the Lines of Communication Open?

- Patty: Saying THANK YOU matters!
- Kecia: Telling health care providers I deeply appreciate them



Questions?

THANK
YOU

