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## Get Moving

healthy kids.....healthy futures

## Pros and Cons ACtivity

<b>Please take a minute</b> to list the pros/co with intellectual and developmental diso physical activity:				
Pros	С	ons	•	*

**Now, take a minute** and list some of the barriers to supporting children with I/DD in exercising:



In partnership with the HealthMatters Community Academic Partnership in the Rehabilitation Research and Training Center on Aging with Developmental Disabilities at the University of Illinois at Chicago (UIC).



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