

This project was made possible by funds received from the Illinois Department of Public Health.

Get Moving

healthy kids.....healthy futures

Pros and Cons ACtivity

| Please take a minute to list the pros/co with intellectual and developmental diso physical activity: | | | | |
|---|---|-----|---|---|
| Pros | С | ons | • | * |
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Now, take a minute and list some of the barriers to supporting children with I/DD in exercising:



In partnership with the HealthMatters Community Academic Partnership in the Rehabilitation Research and Training Center on Aging with Developmental Disabilities at the University of Illinois at Chicago (UIC).



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