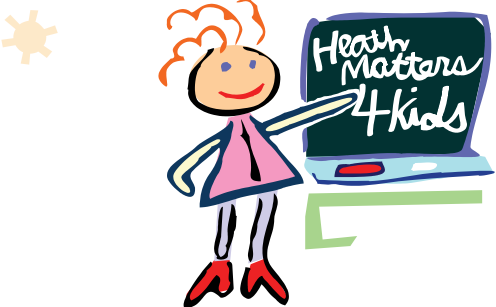


**Dispelling Myths** *healthy kids.....healthy futures*

**Diabetes and Disability**

**Myth:**

People with Intellectual and Developmental Disabilities (I/DD) have higher rates of diabetes and other chronic conditions.



Please take a minute answer true or false to the questions below.

**Question**

- Having a disability means you will be obese
- Lifestyle changes are impossible
- People with I/DD are sick
- Chronic conditions are disability related (obesity, diabetes, etc.)

True	False
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

**Facts:**

- People with disabilities can have a healthy weight
- Health promotion strategies work
- People with I/DD see themselves as healthy
- Chronic conditions are lifestyle related

**NOW, please let us know what good health habits prevent diabetes.**

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