

Partners

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In collaboration with the
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Development,
University of Illinois at Chicago

 **NorthPointe Resources**

UIC Department of Disability and
Human Development
UNIVERSITY OF ILLINOIS
AT CHICAGO
COLLEGE OF APPLIED HEALTH SCIENCES

 **RRTCDD**


HealthMatters™

1640 W Roosevelt Road, Suite 736
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HealthMatters™
for People with
Developmental Disabilities



www.healthmattersprogram.org



HealthMattersCAP



@HealthMCAP

HealthMatters™ Program

Real People

Practical Solutions

Real Changes

Real People

HealthMatters™ Program is a collaboration between University of Illinois at Chicago and community based organizations, that aims to improve health of people with developmental disabilities (DD).

Our Goals

- Develop and share tools for bidirectional health promotion research, service-learning, and training.
- Support program development, implementation, and evaluation for health promotion and disease prevention.
- Disseminate and integrate evidence-based health promotion services for people with DD.

Practical Solutions to Improve Health

Through HealthMatters™ Program, we aim to engage community partners to:

1. Identify organizational needs and capacity for health promotion.
2. Generate relevant questions and actively participate in developing and implementing research and service learning initiatives.
3. Apply research and service learning results for use in practical activities.
4. Connect with local community in cooperative experiences to promote health of people with DD.
5. Disseminate evidence-based health promotion products and trainings.

Improving health status and optimizing community participation among people with developmental disabilities

Real Changes

HealthMatters™ On-Site and Customized Trainings

Instructor-led workshops and trainings are conducted on-site, via webinar, or in conjunction with meetings, conferences, and other events.

Evidence-Based Workshops

- **HealthMatters Program: Train the Trainer:** Certified Instructor Workshop
- **Health Advocacy for People with Developmental Disabilities**
- **Signs & Symptoms:** Recognizing Emerging Health Concerns
- **HealthMessages Program:** Peer-to-Peer

Customized Trainings

- **HealthMatters 4kids:** Today Counts for Diabetes Prevention
- **Getting the Memo HealthMatters:** It's Everyone's Job!
- **Are You and Your Organization Ready for HealthMatters?**
- **HealthMatters for Community-Academic Partnerships:** Shared Responsibilities and Shared Benefits
- **Enhancing Community Based Options for End of Life Care**